

# Wellness Committee Meeting Minutes

## \* Agenda

- Brief Introductions & Ice Breaker
- Updates
  - SHIP
  - Nutrition
- Review Tri-Annual Assessment
- Discuss changes to be made to the Wellness Policy

## \* Attendees

Bobbie Jo Grummons, Brittini Karst, Shauna Klug, Bridgit Looney, Mary Panek, Erica Pawletzki, Kristine Schaefer, Laura Zimmerman

## \* Updates

### SHIP Work

- Contract Approval
  - More Hydration Stations
  - Knives & Sharpener
  - Present Teacher Restoration Project

### Nutrition

- Audit Results
- Universal Meals 23/24 School Year
- Student Ambassador Mtg.

## \* Action Items

- NS will work on edits to the policy to submit to the board for approval
- Have curriculum staff provide input on Physical Education guidelines and curriculum for the Wellness Policy

## \* Final Announcements

- Watch for a meeting invite for late May
  - We hope to have some samplings and a guest speaker